

Track and Field Expectations – 2016

Please read the following, sign and return to Coach Kelsey by **Wednesday 2/17**. Failure to return will result in dismissal from the team:

- Come to practice daily, on time and prepared to run (proper shoes and clothes for running). If **3** practices are missed, the student will be dismissed from the team.
- Participate in meets by either participating in the events or helping at our home meets.
- If practice will be missed (for a legitimate reason) it must be cleared **BEFORE** practice by a parent/guardian. If absence from practice was due to an emergency, please have parents email with reason for absence. If you are receiving P.E. credit, remember that your grade is determined by number of absences and level of participation at practice or meets.
- Positive attitude, participation and a desire to improve at practices and meets is also a must.

Thank you all for your participation and I am looking forward to another fun and successful season!

Coach Kelsey

Please sign below and return to coach by 2/17.

Student Name: _____ Signature _____

Parent Name: _____ Signature _____